



CENTENNIAL TODAY

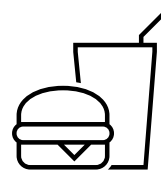
Thursday, June 19, 2025 – Day 1

To speed up the process of serving you at lunch:

1. Please leave your backpacks or bags in your locker or outside the cafeteria service area
2. Please read the menu in the Centennial Today before entering the lineup
3. Use hand sanitizer before entering
3. Have your payment ready before you order
4. No touching items that you are not going to buy
5. Only those buying are permitted to enter the lineup. This will help speed up service.
6. No cutting into the line. Please wait your turn and line up in an orderly manner.



LUNCH MENU



LAST DAY OF FOODSERVICE IN THE CAFÉ!!!

Soup of the Day: Lemongrass Chicken Vegetable

Small \$2.50, Medium \$3.50, Large \$5.50

AM Break

Ham & Potato Breakfast Wrap \$3

Today's Menu

Tomato Basil Panini \$6.00

Ham & Pineapple Pizza \$5.50

Roasted Cauliflower Quesadilla \$5.50

Mac & Cheese \$5.50

Meatball Sub \$6.00

BBQ Beef Burger \$5.50

Chicken Strips & Fries \$7.50

Pork Adobo w/ Rice & Veggies \$7.00

Loaded Potato Skins \$4.00

ALL STUDENTS

Grade 12s

Cheers to the last week of classes!! Please take a peek at the email "Timeline Events Final 2 Weeks" that was sent out last week.

Just a friendly reminder that Grade 12's will be picking up their Cap/Gown in the foyer starting at 3pm. We are hoping for a staggered release so some of the 12's can be released at 3pm and some can be released at 3:15pm...whatever works best for you.

On final day of classes June 20th FLEX is moved to the end of the day.

The bell schedule stays the same except Block 4 starts right after Block 3.

Block 0

Block 1

Block 2

Lunch

Block 3

Block 4 1:29pm – 2:42pm

FLEX 2:46 – 3:15pm

BLACK HISTORY MONTH CLUB




ON JUNE

19

E100

LUNCHTIME

THURSDAY




WE CELEBRATE

JUNETEENTH

WHAT IS JUNETHEENTH?
On this day in 1865,
African-American slaves
were told that they had
been set free.

HOW ARE WE CELEBRATING?
Come celebrate
Juneteenth in room
E100 with free snacks
and a movie at
lunchtime

All are welcome!



DAG-DRY AFTER GRAD

Reminder Many of you have ordered tickets but not yet picked up. Please see Ms. Buchan in the office in the morning, lunch and or after school.

Please have your receipt and student ID ready at time of pick up

2026 Grad Hoodies

Grade 11's/Grads of 2026 - Your grad hoodies are available for purchase starting June 4 until Wednesday June 18th.

*Use the special promo code JUNE4 to receive a free sleeve personalization. This code is valid from June 4 @ 5pm until June 5th @ 11:59pm.

Store Link: <https://grdwr.co/CENT2026>

Promo Code: JUNE4

Customer Service line: info@gradwear.ca



Tickets are still available!!! For Dinner Dance & After Grad

Grad Dinner Dance - Saturday June 21st, 2025 Sheraton Wall Center, Vancouver | Doors at 6pm. with dinner and dancing to follow.

Dry After Grad - Saturday/Sunday June 21st/22nd, 2025 Poirier Rec Center, Coquitlam | Must arrive prior to 12:30am. Prizes to be drawn beginning around 2:30am.

The cost will be \$205. Dry After Grad event tickets will be listed at \$60. *[Note: These tickets will not be shown on your account if you currently have outstanding fees with the school. If you would like to arrange for fee payment prior to ticket purchase, please connect with your Vice Principal.]*

Everyone has a responsibility for looking after our facilities at Centennial.
If you see an issue with any of our washrooms, or any other concern please report it.
No toilet paper or soap... report it!
A mess on the floor... report it!
Vaping... report it!
Damage... report it



Tech Leader? Would you like to support the school as a tech leader? Please come to the library to speak to Ms. Olchowy or Mrs. Caldwell anytime to find out more!

Are you interested in becoming a Peer Tutor? We are looking for students to make a once per week commitment during a Flex block. Please fill in the QR code to apply on the next page.

PEER TUTORING


In the Library During flex...

Open Tutoring:

By booking flex with
"Open Tutoring"


Tutor

I will Help



Tutee

I need Help



Subjects: Math, Science, Music, Social Studies...

CAREER CENTRE

Visit the online Centennial Career Centre Page –

[Career Centre - Centennial Secondary School \(sd43.bc.ca\)](https://sd43.bc.ca)



@cent43careercentre

Employment/volunteering – Post Secondary Information-Scholarships & Awards – Trades Training -

Mrs. Healey Wright, your Post-Secondary and Career Advisor, is on site Monday, Tuesday, Wednesday and Friday 8:00am – 3:30 pm.

email dhealeywright@sd43.bc.ca

General Information

LOOKING FOR A JOB THIS SUMMER?

Youth Job Fair – July 17, 2025 | 1–4 PM

Hosted by WorkBC Tri-Cities, Coquitlam

📍 3030 Lincoln Ave #221, Coquitlam, BC V3B 2H6

Meet employers actively hiring youth aged 16–30 for positions in retail, food service, construction, and more! Bring your resume and be prepared for possible on-the-spot interviews.

To attend or ask questions, contact: rnawar@ywcavan.org

Para Space Landscaping - high school internships \$23.81 hr

[Landscaper Summer Internship \(High School\) Flyer.pdf](#)

OCEANWISE 3 WEEK PROGRAM - MOUNTAINS TO OCEAN

[Mountains to Ocean - Ocean Wise](#) **Ages 15 - 21 - apply online**

An immersive 3-week long program for participants to learn about the interconnectedness of the land and ocean around Vancouver, BC.

Cohort 2: July 10th-July 31st

Online orientation- July 10th (evening)

Excursions- July 14th, 15th, and 16th

Application Deadline:

Cohort 2: **due July 3rd, 2025** (11:59pm PST)

VOLUNTEER OPPORTUNITIES

Volunteer Fair Outreach Coordinator

Ages 15 +

Volunteers support our Volunteer Fair team by researching local nonprofits, updating a master list in a shared excel document, and using the master list as a resource to communicate with nonprofits and volunteers via email. This is a remote position, and suitable for someone that has a computer and reliable internet access at home. Training provided. Great opportunity to build your work skills.

🔗 [Volunteer Information](#)

Recyclable Bottles & Cans Collection Coordinator

Family Friendly Opportunity

Community Volunteer Connections is looking for volunteers to join us in raising funds for volunteer programs. This accessible and easy opportunity will help you build on your volunteer hours over the summer months. Reach out to your local community to collect cans and bottles, and deposit it any a Return it location near you.

Golden Spike Festival Needs Event Volunteers

We want you to know about a summer volunteering opportunity with the annual Golden Spike Days Festival held at Rocky Point Park. The festival runs from Saturday June 28 - Tuesday July 1st, from 11 AM - 10 PM and 11 AM - 7 PM on Tuesday. The event is a great way for volunteers to connect with their local community and gain experience organizing and setting up a large outdoor event.

There are wide range of volunteer positions available during the event. You can signup here: <https://goldenspike.ca/volunteers-Signup> Questions? Contact the organization and visit their website here: goldenspike.ca.

KPU APPLICATION DEADLINES FOR FALL 2025 EXTENDED (JULY 1)

[Extended Applications | KPU.ca - Kwantlen Polytechnic University](#) (Some programs)

VOLUNTEER OPPORTUNITIES WITH POMO ART ON SIDE

[Art Out Side](#) JULY 21 - AUGUST 10

Coquitlam Summer jobs via Indeed

[Discover 100 Summer Jobs and Work Opportunities in Coquitlam, BC | Indeed](#)

VOLUNTEER OPPORTUNITIES - JUNE [Career Centre - Centennial Secondary School](#)

COQUITLAM CRUNCH CHALLENGE - VOLUNTEERS 6/21/2025

SD43 SPRING/SUMMER COMMUNITY BULLETIN BOARD***** 6/26/2025

Golden Spike Days (Port Moody) volunteers needed (June) 6/27/2025

Rainforest Adventure Summer Camp Volunteers 6/28/2025

ONGOING VOLUNTEER OPPORTUNITIES ARE LISTED WITH A JUNE 30TH DEADLINE
6/29/2025

TRI-CITIES In-person at the Coquitlam Library on July 29 at 6pm. You can register on their Eventbrite page: Big Brothers Volunteer Info Session at Coquitlam Library Tickets, Tue, Jul 29, 2025 at 6:00 PM | Eventbrite

SPRING POST SECONDARY INFO SESSIONS:

[Career Centre - Centennial Secondary School](#)

Grade 12

Students who have won a scholarship should read the instructions on the letter.

For District Authority Awards Information: [How to use a Scholarship Voucher - Province of British Columbia](#)

Vouchers are NOT mailed from the BC Ministry of Education in time for tuition payment in first term. Students can contact the financial aid office of their post-secondary institution if they require a payment extension. INFO from the Ministry will arrive in November/December

DOUGLAS COLLEGE INFO SESSION

The next zoom info session will be held on **June 26th at 5pm, Register 24 hours in advance:**
[Information sessions | Douglas College](#)

LOCAL SCHOLARSHIP AND DISTRICT AUTHORITY AWARDS UPDATE

Winners will be published in the commencement program. Letters will be provided by the Career Centre and/or the SD43 District Office. In order to claim most awards, students must provide proof of enrolment at a post-secondary institution. Questions? Email Mrs. HW at dhealeywright@sd43.bc.ca

Centennial Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
BLOCK 0 7:45 - 8:55	BLOCK 0 7:45 - 8:55	BLOCK 0 7:45 - 8:55	BLOCK 0 7:45 - 8:55	BLOCK 0 7:45 - 8:55
BLOCK 1 9:00-10:12	BLOCK 1 9:00 – 10:02	BLOCK 1 9:00-10:12	BLOCK 1 9:00 – 10:02	BLOCK 1 9:00 - 10:12
BLOCK 2 10:16-11:28	ExFLEX 10:06 – 11:11	BLOCK 2 10:16-11:28	CENT TIME 10:06 – 11:11	BLOCK 2 10:16-11:28
Lunch 11:28 – 12:13	BLOCK 2 11:15 – 12:17	Lunch 11:28 – 12:13	BLOCK 2 11:15 – 12:17	Lunch 11:28 – 12:13
BLOCK 3 12:13 – 1:25	Lunch 12:17 – 1:05	BLOCK 3 12:13 – 1:25	Lunch 12:17 – 1:05	BLOCK 3 12:13 – 1:25
ADVISORY/FLEX 1:29 – 1:59	BLOCK 3 1:05 – 2:09	FLEX 1:29 - 1:59	BLOCK 3 1:05 – 2:09	FLEX 1:29 - 1:59
BLOCK 4 2:03 - 3:15	BLOCK 4 2:13 - 3:15	BLOCK 4 2:03 - 3:15	BLOCK 4 2:13 - 3:15	BLOCK 4 2:03 - 3:15